

[Cubicle|Therapy]

feel better

TIME-BLOCK POMODORO

Date: ____/____/____

PROJECT:		
2 HR	25 MIN	<input type="checkbox"/>
	5 minute break	
	25 MIN	<input type="checkbox"/>
	5 minute break	
	25 MIN	<input type="checkbox"/>
	5 minute break	
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	5 minute break	

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